

problem solved

A patient with a disfiguring condition went to Sydney plastic surgeon **Dr Kouros Tavakoli** to have her breasts transformed. Lauren Alexander reports.

Sydney plastic surgeon Dr Kouros Tavakoli's patient approached him for surgery to correct her abnormally shaped breasts. He assessed her as having grade three to four tuberous breasts, an unusual condition that affects the way breasts develop.

The patient says she was concerned about the shape of her breasts and felt they didn't look normal. She says their condition prevented her from wearing v-necked styles of clothing and that she didn't feel comfortable wearing a swimsuit and avoided going to the beach.

She had an initial consultation with another doctor who told her what needed to be done but, she says, 'I didn't feel comfortable with him so I started looking on the internet. Dr Tavakoli was the only doctor who had before and after surgery photos of tuberous breasts like mine.'

She says when she met Dr Tavakoli he immediately put her at ease and she was impressed by his friendly manner and felt confident about his ability to help her.

Dr Tavakoli took her through two consultations. During the first he assessed her breasts and explained what would be needed to correct the tuberous condition and talked her through the whole procedure.

Then she says he showed her with the implants in her bra what the final result would look like. She could see that they would provide a solution to her problem and decided to have the surgery.

During the second consultation Dr Tavakoli talked her through the procedure again, asking her if she had any questions about the surgery before going ahead with the procedure.

The procedure took place at a private hospital and required an overnight stay. Dr Tavakoli's patient says her recovery was very straightforward. 'I was fine; there were no side effects. The first thing I did when I regained consciousness was to ask for food!'

She says she only needed to take painkillers at night for three days and after that experienced minor

discomfort. 'I thought it was going to be a lot worse.'

Dr Tavakoli's clinic recommended some gel patches to assist with healing and she is now using a specially formulated oil to help the scars disappear completely.

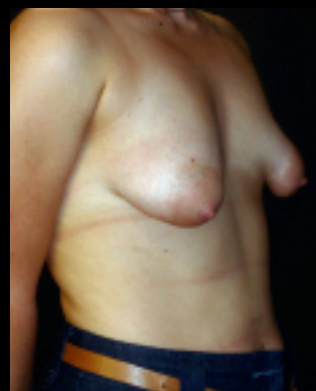
She says her new breasts have helped her to feel much more confident and that she immediately went shopping for new clothes. 'I'd recommend the procedure to anyone with a condition like mine. They look so natural that no one beyond my immediate family and boyfriend can tell that I've had it done.' **acsm**



BEFORE



AFTER breast augmentation by Dr Tavakoli



BEFORE



AFTER breast augmentation by Dr Tavakoli