

rhinoplasty case study

A rhinoplasty procedure by Sydney plastic surgeon **Dr Kourosh Tavakoli** changed this patient's appearance and also improved her breathing. Kirsty Doolan reports.

Rhinoplasty is one of the most common cosmetic surgery procedures performed in Australia. It also has one of the highest patient satisfaction rates, with the majority of patients saying they wish they had chosen to undergo the surgery earlier in their lives.

At 18 years old, Dr Tavakoli's patient decided to undergo a rhinoplasty procedure. 'My nose had been damaged and looked big and distorted after being kicked in the face by a horse when I was 11 years old,' she explains. 'I had wanted to have it corrected for many years, so I decided to go for it.'

The patient chose Dr Tavakoli to perform the surgery, and in her first consultation with him he discussed the rhinoplasty procedure and explained what would happen before, during and after the surgery.

'Dr Tavakoli also detected breathing problems in my nose, so my procedure was for functional as well as cosmetic reasons,' she says.

Dr Tavakoli used computer imaging software to present different nose shapes on the patient's face so she could help choose the nose she was happiest with and have realistic expectations of what result could be achieved.

'During consultation Dr Tavakoli advised me on what nose would be most suitable for my face shape and be in harmony with the rest of my facial features,' she says.

'Using digital imaging, he showed me different noses on my face so I could see how they looked. To be able to see how I would most likely look after the procedure gave me the confidence to go ahead with the operation.'

The patient and Dr Tavakoli decided on a smaller, rounder nose to harmonise with her other facial features, and the procedure took place two months after the consultation.

'Breathing problems were detected, so my procedure was for functional as well as cosmetic reasons'

The operation took two and a half hours and the patient wore bandages for one week afterwards. Although she says she didn't experience any post-operative bruising, there was some swelling involved which lasted for around a week.

'As soon as I took the bandages off I could breathe properly,' she says. 'I feel much more confident with my new nose. I am so happy with it and wish I had decided to have the operation earlier. I would recommend it to anyone who is unhappy with their nose.' **acsm**

Case study



BEFORE



AFTER rhinoplasty by Dr Tavakoli



BEFORE



AFTER rhinoplasty by Dr Tavakoli



BEFORE



AFTER rhinoplasty by Dr Tavakoli