

PICTURE PERFECT

JODIE VISITED SYDNEY PLASTIC SURGEON **DR KOUROSH TAVAKOLI** TO IMPROVE THE PROFILE AND PROMINENCE OF HER NOSE. JESSICA RULE REPORTS.

Jodie had always been dissatisfied with the bump on the bridge of her nose and its hooked profile. 'I was extremely self-conscious, especially camera shy as I hated my nose being captured in profile,' she says. 'I didn't like the look of my nose and felt it didn't match or complement the rest of my face.'

Jodie felt apprehensive during her first consultation, but says Dr Tavakoli was reassuring and made her feel at ease. 'It is a big deal putting your trust in someone else's hands, but Dr Tavakoli calmed my nerves by answering all my questions and explaining the procedure carefully,' she says. 'We had a talk about my concerns, then after he did an examination we looked through pictures of his previous work and mocked up digital images of how my new nose would look.'

Waking up after the procedure Jodie says Dr Tavakoli visited her and reassured her that everything had gone well. 'I hadn't seen my nose because of the splint you have to wear for several days following the procedure,' she says.

'Once the swelling and bruising began to go down my new nose started to emerge and I could see it was exactly what I wanted.'

Dr Tavakoli removed the bump on the bridge of Jodie's nose, shortened the tip and reshaped the nostrils. 'It is now what I would describe as a button nose – it's more feminine and enhances my face and other features so everything looks in proportion,' says Jodie. 'What Dr Tavakoli did with my nose was amazing. He's a talented surgeon and I would go back to him for future procedures.'

Jodie took a month's holiday after her procedure but says after five to seven days she was feeling well enough to leave the house. 'With the painkillers and antibiotics it was a very manageable recovery,' she says.

And the results? 'I love my results! It was the best decision I've ever made and I can't believe I didn't do it sooner,' she says. 'My friends and family can see my confidence has grown. I feel it has improved how I feel about myself – I'm not even camera shy any more!' **acsm**



BEFORE



AFTER rhinoplasty by Dr Tavakoli



BEFORE



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